

**Quick Reference Guide
2022**

2022	Basic	Intermediate	Specials
Kayak	Strokes and Balance- 5/27 - 5/28 - 6/18 - 6/25 - 7/9 - 7/23 - 8/6 - 9/3 River Kayak Essentials- 5/28 - 5/29 - 6/19 - 6/26 - 7/10 - 7/23 - 8/7 - 9/4	River Running- 5/29 - 6/25 - 7/9 - 7/30 - 8/13 Advanced Technique- 7/16 - 8/14	Roll Sessions (AM)- 6/26 - 7/10 - 7/31
Raft	Rowing Essentials - 5/7 - 5/14 - 6/4 Downriver Rowing- 5/8 - 5/15 - 6/5	River Maneuvers- 6/11 Advanced River Running- 6/12	
SUP	The Basics- 5/28 - 9/3 Downriver SUP- 5/29	River Techniques- 7/10 - 9/4	Surf(AM)- 7/11
Climb	Show Me The Ropes- 8/20		
Bike	Mountain Bike Basics- 9/10		
Snow	Intro to Backcountry- 1/8 - 1/22 - 2/5 - 3/5 Backcountry Terrain Mgmt 1/23		Intro to Ice Climb 2/19
Summit	Summit Prep 9/11	Summit Attempt 9/17	